



NMCA

POLICY

## NMCA POLICY - SMOKEFREE - QUIT

### RATIONALE

Legislation and the legal duty of care provide clear reasons to have a completely smokefree Association. Going completely smokefree will help our Association comply with these responsibilities and provide a healthier Association environment.

- **The Tobacco Act 1987 (VIC):** bans smoking within 10 metres of an outdoor public sporting venue during an all organised sporting event or training session. Playgrounds are also now permanently smokefree. In addition, from 1 August 2017, it will be illegal to use electronic cigarettes in legislated smokefree areas.
- **Common Law:** the club has a legal duty to ensure that employees, volunteers, members, spectators, players, officials and visitors are not exposed to potentially harmful situations.
- **Role Modelling:** can have a significant impact on the junior members of the club. A smokefree policy can make smoking less visible and less socially acceptable, whilst creating a healthier and more attractive environment for new members and sponsors.
- **Effects on Others:** Secondhand smoke is considered irritating and harmful to the health of other people, even when outdoors. Children may be at risk of swallowing discarded cigarette butts, which may cause symptoms of nicotine poisoning such as vomiting.
- **Smokefree Areas:** may support people who are trying to quit or reduce their cigarette consumption. They also help reduce cigarette butt litter and reduce fire risks.

Accordingly, the following smokefree policy has been developed by The North Metro Cricket Association.

### WHO IS AFFECTED BY THE POLICY

This policy applies to all members, administrators, officials, coaches, players, spectators, visitors and volunteers of the North Metro Cricket Association at all times.

### TIMING

The policy is effective from 01/08/2017.

### SMOKEFREE AREAS

The North Metro Cricket Association requires the entire area of all sporting grounds and facilities under its use to be smokefree.

#### **This includes:**

- All indoor areas (Victorian legislation states that enclosed workplaces must be smokefree),
- All outdoor playing/training/dining/drinking areas,
- Spectator viewing areas,
- Car parks,
- In vehicles that are within the boundary of the sporting ground.

Where possible, the smokefree status of our Association will be clearly signed at the entrance to, and within all of the Association Club grounds.

The smokefree status of the Association will be promoted in Association materials from time to time.

### POSITION ON ELECTRONIC CIGARETTES

Electronic cigarettes may be harmful to users and to those exposed to secondhand vapour.

In addition, the use of electronic cigarettes may give children and young adults the impression that smoking is a normal or desirable behaviour.

This policy therefore applies to both electronic cigarettes and traditional cigarettes. Electronic cigarettes are not permitted to be used in any of the smokefree areas referred to in this policy.

### REMOVING THE SOCIAL NORM OF SMOKING FOR JUNIOR PLAYERS

Members of North Metro Cricket Association are to refrain from smoking while they are acting in an official capacity for the Association or while in Association uniform.



### **SUPPORTING MEMBERS WHO SMOKE**

The North Metro Cricket Association may on occasion promote smoking cessation resources such as the Quitline on club materials.

### **FOLLOWING THE POLICY**

There is strong community support for banning smoking at public places regularly attended by children. This means most people will voluntarily comply with the smoking ban and expect others to do so. Please note that committee members and volunteers will not be expected to **enforce** the new policy and may not be empowered to do so, although they may still approach someone who is not following the policy.

When approaching a person who is smoking in a non-smoking area:

1. Assume that the person is unaware of the policy
2. Politely ask them to refrain from smoking and remind them about the smokefree policy.

### **SALE OF TOBACCO PRODUCTS**

The North Metro Cricket Association will not sell tobacco products.

### **POLICY REVIEW**

This policy will be reviewed six months after its introduction and then on an annual basis thereafter. This will ensure that the policy remains current and practical.